



## PERSPECTIVES WORK-LIFE PROGRAM

A Selection of "Wrap-around" Work-Life Services Serving EAPs Nationwide.

800.456.6327

[perspectivesltd.com](http://perspectivesltd.com)

Username:

Password: **perspectives**

CHILDCARE	ELDERCARE	CONVENIENCE SERVICES	LEGAL
<p>Childcare Consultation &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Before/After School Care</li><li>• Childcare Centers</li><li>• Family Day Care</li><li>• Nannies &amp; In-home Care</li><li>• Summer Camps</li></ul> <p>Information &amp; Support:</p> <ul style="list-style-type: none"><li>• Adolescence &amp; Child Development</li><li>• Adoption</li><li>• New Parents</li><li>• Pregnancy</li><li>• Special Needs</li></ul>	<p>Consultation &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Assisted Living Facilities</li><li>• Caregiver Support</li><li>• Community Services</li><li>• Home Health Care</li><li>• Hospice Providers</li><li>• Nursing Homes</li><li>• Respite Care Providers</li><li>• Transportation Services</li></ul>	<p>Information &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Community Education Classes</li><li>• Fitness Programs &amp; Trainers</li><li>• Home Cleaning</li><li>• Home Repair Services</li><li>• Moving Services</li><li>• Organizer Services</li><li>• Pet Care</li><li>• Relocation Information</li><li>• Yoga Classes</li></ul>	<p>Consultation &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Bankruptcy</li><li>• Child Custody &amp; Support</li><li>• Consumer Issues</li><li>• Elder Law</li><li>• Estate Planning</li><li>• Immigration</li><li>• Landlord Tenant Disputes</li><li>• Real Estate Concerns</li><li>• Restraining Orders</li><li>• Separation &amp; Divorce</li><li>• Wills &amp; Trusts</li></ul>
NUTRITION	HEALTH	WORK	FINANCIAL
<p>Resources &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Child Friendly Meals</li><li>• Diabetes</li><li>• Food Allergies</li><li>• Gastrointestinal Problems</li><li>• Healthy Eating</li><li>• High Blood Pressure</li><li>• High Cholesterol</li><li>• Lactation</li><li>• Weight Management</li></ul>	<p>Resources &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Complementary Medical Providers</li><li>• Health Coaches</li><li>• Health Spas</li><li>• Meditation Programs</li><li>• Mindfulness Programs</li><li>• Sleep Programs</li><li>• Smoking Cessation Programs</li><li>• Support Groups for Chronic Illness</li><li>• Twelve Step Programs</li></ul>	<p>Resources &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Career Exploration</li><li>• Interest Testing</li><li>• Job Performance Concerns</li><li>• Job Search Strategies</li><li>• Resume Review</li><li>• Volunteer Work</li></ul>	<p>Consultation &amp; Referrals:</p> <ul style="list-style-type: none"><li>• Budgeting</li><li>• Credit Problems</li><li>• Debt Management</li><li>• Financial Wellbeing</li><li>• Financial Aid</li><li>• Homebuying Information</li><li>• Insurance Planning</li><li>• Retirement Planning</li><li>• Tax Resources</li></ul>