

CL 663X Spiritual Practice**Dwight Judy, Instructor**

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September 8 – December 16, 2020**Renee Smithback, Teaching Assistant**

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Online access: All students must be formally registered for the course to receive logon information for Moodle, the online course platform. You will be supplied this information from the Registrar's office. In addition to written assignments, the online resources will also use mp3 digital recordings from the instructor and YouTube videos. Students must be able to access and listen to such online materials. You will need capacity to speak and listen through your computer for live online video conferences through Zoom.

Two real-time online video conferences, on Thursday evening, 7:00 – 8:00 OR Friday afternoon, 5:00 – 6:00 (Central time): Sept. 10, 11 and Nov. 12, 13. Please clear your schedule for participation at one of the specified times on each date. We'll have about half of the class in each video conference. Instructors will be present at all sessions.

Course description: Focuses on the varieties of Christian spiritual practice, experience with that practice, and the process of Christian formation. Direction Module Three: Spiritual Direction, Therapy, and Pastoral Counseling (marked on syllabus with ***SD**).

Spiritual Practice Course Objectives:

- Understand the history of Christian prayer through exploration of the six streams of spirituality in Richard Foster's *Streams of Living Water* and the classic stages of spiritual development in (optional reading) Evelyn Underhill's *Mysticism: The Nature and Development of Spiritual Consciousness* (Part II – The Mystic Way)
- Participate in a variety of historic Christian prayer forms and other spiritual practices
- Be equipped to apply prayer forms with attention to adult life-stages and personality typology
- Discuss healthy corporate life of the congregation and role of spiritual disciplines and corporate discernment
- Bring current prayer practices into the congregation through prayer support, prayer chains, and Liturgy of Anointing and Healing Prayer.

*** SD** Spiritual Direction Module Three Objectives:

- Understand symbolic nature of the psyche and its innate story-making capacities.
- Develop skills in guiding people into symbolic, story-making process through imagery, prayer, and artwork.
- Develop lenses for working with individuals in spiritual direction:
 - a. Spiritual perspectives and stages of spiritual development
 - b. Discernment with issues of life stages and transitions
 - c. Spiritual crises and concerns of psychopathology
- Explore issues of congregations and other ministry settings

Grading:

Students are expected to post all weekly assignments on time and to participate in online posts and verbal interactions in class. Final paper should reflect comprehensive study of assigned course readings and integrate readings with discussion of selected topic. Grade is determined as: 1/3 individual posts on assignments; 1/3 interaction with other students' postings; 1/3 final paper.

Confidentiality. All posted assignments should be held confidentially by class participants. Other class members will have access to your posted Forum assignments. We will benefit from one another's reflections.

Students will be expected to post weekly assignments by 12 midnight on Fridays. The following week, they will respond to other students' postings and prepare assignments for that week. These will be reflective posts on assignments and will not be graded. Instructor will provide a mid-course grade based on posted rubrics for participation.

Weekly Topics, Reading and Assignments

Post all internet assignments on Friday by 12 midnight Central Time

... respond to postings before the following Friday

Read ahead each week in preparation for the posting on Friday

Sept. 10, 11 – Orientation to the Course – Live Video conference, Th, 7-8 p.m. OR Fri, 5-6 p.m.

During previous week begin your own orientation to Moodle, begin posting your personal Introduction, bring additional questions for our audio conference.

Prayer Practice: begin *Lectio Divina* prayer; begin prayer log.

Online posting:

Introduce yourself to the class

Practice Posting

Sept. 18 – Letter from God; Setting or Renewing the Rule of Life & Beginning Prayer Practice

Prayer Practice: continue: *Lectio Divina*; Listen to Upper Room *audio lectio* at least once.

Reading this week:

Judy, *Christian Meditation*, chs. 1, 5

Thompson, *Soul Feast*, ch. 10

Online Resources:

Video on Developing a Rule of Life

Judy, *Discerning Life Transitions*, preface, foreword, chs. 1 & 2, pdf online

Palmer, "Leading from Within" article accessed via web resource.

Wesley, "The Means of Grace," sermon accessed online.

Other online resources for developing your Rule of Life.

Reading ahead:

Foster, *Streams of Living Water*. Begin reading or reviewing for assignment on Oct. 2.

Begin thinking about your historic figure and reading selections.

Online postings:

Post your “letter from God”

Post your Rule of Life as you have developed or revised it.

Respond to your partner and to others as you are inspired.

Sept. 25 – What is spiritual formation? Continue *Lectio Divina*

Prayer Practice: Continue *Lectio Divina* prayer practice, also pick one additional practice from Brown or from Upper Room website.

Reading this week:

Thompson, *Soul Feast*, forewords, introduction, chs. 1, 2

Brown, *Paths to Prayer*, begin reading

Online resources:

Forms of Prayer video

Dietrich Bonhoeffer: “Introduction to Daily Meditation”

Reading ahead:

Foster, *Streams of Living Water*. Continue reading or reviewing for assignment on Oct. 2.

Begin reading Prechtel, *Where Two or Three are Gathered* for assignment on Oct. 9

Begin reading Holmes, *Joy Unspeakable: Contemplative Practices of the Black Church* for assignment on Oct. 30.

(Optional) Begin reading Underhill, *Mysticism*, Part II, The Mystic Way.

Read in historical figure.

Online posting & conversation: What is spiritual formation? Address the following themes in a paragraph each (about 100 words per paragraph) and post. Respond to your partner and to others as you are inspired:

- What does spirituality mean to you?
- What does it mean to be formed in the “image of God” and to be transformed into the “likeness of Christ?”
- What is the function of Christian spiritual disciplines in this process?

Oct. 2 – My Stream of Living Water. Begin Centering Prayer

Prayer Practice: Begin Centering Prayer Practice, Judy, *Christian Meditation*, ch.7.

Watch YouTube video of Fr. Thomas Keating on Centering Prayer

Pick one additional practice from Brown

Reading this week:

Foster, *Streams of Living Water*

Judy, *Christian Meditation*, ch. 7

Reading ahead:

Prechtel, *Where Two or Three are Gathered*, continue reading for assignment on Oct. 9

Brown, *Paths to Prayer*, continue reading

Holmes, *Joy Unspeakable*, continue reading

(Optional) Underhill, *Mysticism*, Part II, The Mystic Way, continue reading

Read in historical figure

Online posting & conversation: Address the following themes in a paragraph each (about 100 words per paragraph) and post and respond to your partner and to others as you are inspired:

- Which of the Six Streams is most central to me now? Is this true of the past as well?
- What other streams are important to me now?
- How do these impact my relationship with my present congregation? How similar or different am I from their practice of the Six Streams?

Post brief statement about **historic figure** you are reading and why you have chosen this writing.

Oct. 9 – Sacramental Living Response, and Prayer Log, Continue Centering Prayer

Prayer Practice: Continue Centering Prayer Practice, Judy, *Christian Meditation*, ch.7. Reflect on Eucharistic practice, attend Eucharist, if possible.

Reading this week:

Sacramental resources online...

Daniel Prechtel, *Where Two or Three are Gathered*

Thompson, *Soul Feast*, ch. 4.

Foster, *Streams of Living Water*, ch. 7.

Online Video resource by Renee Smithback on Sacramental Living

Read ahead for assignments:

Brown, *Paths to Prayer*, continue reading

Holmes, *Joy Unspeakable*, continue reading

Continue reading (Optional) Underhill, *Mysticism*, Part II, The Mystic Way

Read in historical figure.

Online posting & conversation:

Post outline for small group on Sacramental Living (modeled after Dan Prechtel's examples of small group spiritual direction).

Post your reflection, "What I'm learning about prayer." You do NOT need to post your personal log material. Send your personal log material via e-mail to your assigned instructor and to your class partner. Also attach your statement, What I am learning about prayer. Instructor will respond via private e-mail. You and your partner may respond in a similar way to each other or have a personal conversation. Respond to your partner and others as you are inspired.

Oct. 16 – Paths to Prayer Inventory. Use Praying with Teresa of Avila

Prayer Practice: Praying with Teresa of Avila video and audio resources; pick one additional practice from Brown

Reading this week:

Brown, *Paths to Prayer*, complete reading

Reading ahead:

Holmes, *Joy Unspeakable*, continue reading

Thompson, *Soul Feast*, continue reading

Read in historical figure.

Begin reading May, *Addiction and Grace* for conversation on Nov. 12, 13.

Online posting & conversation:

Brown, *Paths to Prayer* (pp. 13- 27, take inventory and study prayers related to your prayer type)... **post** one page description of your primary and secondary prayer types according to Brown. How well do these prayer forms fit for you? Respond to your partner and to one other person who has similar prayer style.

Oct. 22-23 Reading Days No assignments this week**Oct. 30 – Questions I have about mysticism, prayer and spiritual development;****Meditating on God in Creation**

Prayer Practice: Meditating on God in Creation. Judy, *Christian Meditation*, ch. 4.
Online video presentation on Meditating on God in Creation.

Reading this week:

Judy, *Christian Meditation*, ch. 4

(Optional) Complete Underhill, *Mysticism*, Part II, The Mystic Way

Complete Holmes, *Joy Unspeakable*

Reading ahead:

Read in historical figure.

Continue reading May, *Addiction and Grace* (for conversation on Nov. 12, 13)

Optional: Begin reading Kincannon, *Creativity and Divine Surprise*; Paintner & Beckman: *Awakening the Creative Spirit*

Online posting & conversation

Reflecting on readings by Barbara Holmes, Dwight Judy, Marjorie Thompson and (Optional) Underhill, Part II, The Mystic Way, particularly “introversion” and “voices and visions,” **post two to three page paper** on the theme: Questions I have about mysticism, prayer and spiritual development. Respond to your partner and at two other persons who raise themes of interest to you.

Use citations, footnotes, bibliography on this assignment. Practice quotations, block quotation. Reference the G-ETS Style Sheet. Instructors will correct for citations.

Nov. 6 – Communion of Saints – Reflections on Historical Figures in Christian Spiritual Life

Prayer Practice: Begin the Jesus Prayer; Judy, *Christian Meditation*, ch. 6.

Reading this week:

Complete reading in historical figure

Pick psychological term you would like to review on Nov. 20 – follow instructions regarding your selection

Reading ahead:

Thompson, *Soul Feast*, chs. 5, 6, 7 for assignment on Nov. 20

Continue reading May for live video conference on Nov. 12, 13

Begin thinking about Final Paper

Read online resources for Nov. 22 and Dec. 6

Online posting & conversation:

Post a two-page reflection on your reading in your historical figure. Address the following themes:

- Why did you choose this person/writing?
- How are spiritual practices expressed?
- What struck you as parallel to your own life concerns?
- What (if any) differences of time or culture struck you?

Respond to your partner and others as you are inspired to do so.

Nov. 12, 13 – Live Video Conference – Depression/Dark Night of the Soul & Addictions and Grace – Innovative Prayer

Prayer Practice: Innovative prayer, see Brown, *Innovative Prayer*, and Thompson, *Soul Feast*, ch. 3

“Sight Psalms” on Upper Room website

Diane Stephens Hogue, “The Art of Compassion,” online resource

Optional reading in *Innovative prayer*: Kincannon; Paintner & Beckman

Reading this week:

Complete May, *Addiction and Grace*.

Thompson, *Soul Feast*, ch. 3

Prepare for live video conference for discussion on May’s Addiction and Grace, Dark Night and Depression

Online posting & conversation:

Post *Innovative Prayer*

Reading ahead:

Resources for preparing psychopathology term on Moodle for assignment on Nov. 20

Continue reading Thompson, *Soul Feast*

Nov. 20 – Psychopathology and Spiritual Guidance - Sabbath

Prayer Practice: Begin *Prayer on the Holy Name*

Reading this week:

Complete Thompson, *Soul Feast* (use chs. 5, 6, 7 for assignment)

Online Resources:

Resources for preparing psychopathology term

Video reflection on sabbath, self-emptying, self-reflection

Quotes on Sabbath from Abraham Heschel

Marva Dawn: *Pondering Sabbath*

Reading ahead:

Optional for assignment on Dec. 4: Judy, *A Quiet Pentecost*

Think about topic for Final Paper

Read online resources for Dec. 4 & Dec. 11.

Online posting & conversation

Post 1-2 page outline of your psychopathology term

Respond to your partner and others as you are inspired to do so.
Instructor will guide you in choosing one of the following terms:

neurocognitive disorder/Alzheimer's disease
anxiety disorders
autism spectrum disorder
hyperactivity/attention deficit disorder
eating disorders
child maltreatment and neglect
narcissistic personality disorder
post-traumatic stress disorder
schizophrenia
bipolar disorder

Use resources from May, *Care of Mind/Care of Spirit*, ch. 7 (posted on Moodle) and web-based resources from DSM-5:

<http://www.nami.org/Learn-More/Mental-Health-Conditions> (many conditions are described on this page... scroll all the way to the end of the page for additional conditions)

<http://www.nimh.nih.gov/index.shtml>

<http://www.healthyminds.org/>

Address each of these themes in your outline:

1) describe the condition, noting criteria for diagnosis; 2) state how this might be relevant for persons in spiritual direction or in congregational life; 3) describe signs to observe for referral and possible legal/ethical concerns.

Post reflection on Sabbath, Self-emptying, Self-reflection using video reflection, and Thompson, chs. 4, 5, 6, 7; and quotes on Moodle from Abraham Heschel, *Sabbath*, Pondering Sabbath (Marva Dawn).

Nov. 23 – Nov. 27 Thanksgiving Week No Assignments this Week

Dec. 4 – Congregational Applications of Spiritual Formation Ministries - Prayer Log

Prayer Practice: Begin Prayer with Imagination. Listen to Scripture and Imagery-- Ignatian Prayer Tape at least once... Pick one Gospel and begin reading, with *Lectio Divina* style and sometimes using imagination to enter scripture stories.

Reading this week:

Optional reading: Judy, *A Quiet Pentecost*

Online Resources:

Video on Spiritual Development over the Lifespan

Prayer Resources for Congregational Life

Reading ahead:

Pick topic for Final Paper

Read online resources for Dec. 11

Online posting & conversation:

Describe your congregation or ministry setting, then develop a 2 page outline or description of **Applications of Spiritual Formation ministries** in my congregation or ministry setting, using resources on Congregational Life folder, and our course readings.

Post your reflection, "What I'm learning about prayer." You do NOT need to post your personal log material. Send your personal log material via e-mail to assigned instructor and to your class partner. Also attach your statement, What I am learning about prayer. Instructor will respond via private e-mail. You and your partner may respond in a similar way to each other or have a personal conversation. Respond to your partner's posting and others as you are inspired to do so.

Dec. 11 – Inner Healing Process

Prayer Practice: Use Meditation and Inner Healing prayer tape... follow up with prayer practice of your choice.

Reading preparation:

Judy, *Christian Meditation and Inner Healing*, ch. 2

Online Resources:

Video presentation on prayer and inner healing

Judy, "Rediscovering Christ, the Healer"

Folder with prayer and inner healing resources

Reading ahead:

No additional readings assigned. Please work on your final paper.

Online posting & conversation:

Post 1 page on theme: **What is inner healing?** (using resources for intercessory prayer and liturgy of anointing and reconciliation)

Post final paper no later than Friday, Dec. 18, 2020

Final Paper -- post through Turnitin on Moodle by Dec. 18, 2020.

Complete one 10-12 page paper to be posted through Moodle site (Turnitin). The paper should utilize references, properly noted, and contain bibliography. Use insights from historic reading as one of your sources. In addition, cite at least 4 other sources from our class readings (total of 5 sources).

Suggested themes for the paper:

- Explore one historic spiritual practice. Describe the spiritual practice, its historic use within Christian tradition and present-day applications. OR
- Examine your Congregation or Ministry Setting. Begin with your analysis of the congregation or ministry setting. Develop a plan of action/intervention with focus on spiritual formation ministry. Develop a one to three year plan for implementation of ideal ministry of spiritual formation for this setting. OR
- My emerging role as spiritual director/companion. Drawing on the "letter from God," begin to articulate your calling in the ministry of spiritual guidance. What are the areas of expertise and spiritual practices you now bring to this ministry? What specializations do you believe yourself to be called and equipped to offer? You might develop a "plan" for this ministry as independent consultant/spiritual director or in church staff or pastoral role. OR
- The healing journey toward a Ministry of Spiritual Guidance. Assess your own spiritual/healing journey that brings you to this point. Beginning with your "letter from God," and drawing on our discussion spiritual development over the life-span and on psychological themes/terms, observe the gifts as a "wounded healer" that you now bring to this ministry. How does your healing journey relate now to the specific gifts, graces, and styles of ministry of spiritual guidance that are emerging for you? What themes/issues do you feel equipped to handle with people? Are there areas that you believe you should refer?

Required Bibliography – Additional resources will be posted on Moodle

Required: ISBN numbers & price listed at beginning of reference

9780787965655 \$16.45 Patricia D. Brown, *Paths to Prayer: Finding Your Own Way to the Presence of God*. San Francisco: Jossey Bass, 2003.

0060628227 \$10.98 Richard J. Foster, *Streams of Living Water, Celebrating the Great Traditions of Christian Faith*. San Francisco: HarperSanFrancisco, 1998, 2001.

9780800636432 \$21.31 Barbara A. Holmes. *Joy Unspeakable: Contemplative Practices of the Black Church*. Minneapolis: Fortress Press, 2004.

978-1-878009-38-8 \$14.95 Dwight H. Judy, *Christian Meditation and Inner Healing*. West Sulfur Springs, W Va: OSL Publications, 2001, 2010 (paperback available on Amazon; Nook e-book available on Barnes and Noble).

978-0061122439 \$12.67 Gerald May, *Addiction and Grace: Love and Spirituality in the Healing of Addictions*. San Francisco: HarperOne, 1988, 2007.

9780819227720 \$18.38 Daniel Prechtel, *Where Two or Three are Gathered: Spiritual Direction for Small Groups*. New York: Morehouse, 2012.

978-0664239244 \$13.60 Marjorie J. Thompson, *Soul Feast, An Invitation to the Christian Spiritual Life*. Louisville, KY: Westminster John Knox Press, 1995, 2005, 2014.

(Optional ... highly recommended)

978-0486422381 \$17.02 Evelyn Underhill, *Mysticism: The Nature and Development of Spiritual Consciousness*, Part II, "The Mystic Way." Dover Publications, 2002.

(Optional)

978-0835811996 \$7.99 Dwight H. Judy, *A Quiet Pentecost: Inviting the Spirit into Congregational Life*. Nashville: Upper Room Books, 2013.

(Optional)

978-0835898126 \$8.99 Karla M. Kincannon, *Creativity and Divine Surprise: Finding the Place of your Resurrection*. Nashville: Upper Room Books, 2005.

(Optional)

978-0819223715 \$16.70 Christine Valters Paintner and Betsey Beckman, *Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction*. New York: Morehouse, 2010.

Historical Primary Sources on Prayer (choose ONE and make book report).

12th century description of *Lectio Divina*:

978-0879077488 \$18.95 Guigo II, The Ladder of Monks in *The Ladder of Monks and Twelve Meditations*, trans. with intro. by Edmund Colledge and James Walsh. Cistercian Publications, 1981.

16th century depth study on stages of contemplative prayer:

978-0935216806 \$26.95 Teresa of Avila, *The Interior Castle: Study Edition*, trans. Kavanaugh and Rodriguez. New York: Paulist Press, 1980.

16th century retreat guide using life, teaching, crucifixion, and resurrection narratives of Jesus:
978-0965057943 \$5.96 *The Spiritual Exercises of St. Ignatius*, trans. Anthony Mottola. New York:
Image Doubleday, 1964, 1989, 1998.

20th century classic work on Jewish Sabbath:
978-0374529758 \$8.50 Abraham Joshua Heschel, *The Sabbath: its meaning for modern man*.
New York: Farrer, Strauss and Giroux, 1951, 2005.

14th century writing from which Centering Prayer is derived:
978-0385030977 \$11.83 *The Cloud of Unknowing and Book of Privy Counseling*, trans. William
Johnston. New York: Image reissue, 1996.

19th century Russian Orthodox description of The Jesus Prayer:
978-0060630171 \$11.64 *The Way of a Pilgrim and the Pilgrim Continues his Way*, trans. R. M.
French. New York: HarperOne, 2010.

6th century Rule for monastic life:
978-0385009485 \$9.54 Benedict of Nursia, *The Rule of St. Benedict*, trans. and intro. by
Anthony C. Meisel and M. L. del Mastro. New York: Image Doubleday, 1975.

20th century description of the renewal of the prayer labyrinth as a spiritual practice:
978-1594481819 \$16.00 Lauren Artress, *Walking a Sacred Path: Rediscovering the Labyrinth
as a Spiritual Practice*. New York: Riverhead, 1995, 2006.

20th century devotional classic by one of our most significant African-American writers:
978-0807010235 \$17.38 Howard Thurman, *Meditations of the Heart*. Boston: Beacon Press,
1953, 1999.

Suggested Optional Resources:

978-0806640488 \$6.00 Kenneth L Bakken, *The Journey into God: Healing and Christian Faith*.
Minneapolis: Augsburg, 2000.

978-0877934608 \$10.04 William J. Barry, *Finding God in All Things: A Companion to the
Spiritual Exercises of St. Ignatius*. Notre Dame, IN: Ave Maria, 1991, 2009.

978-0830846054 \$18.70 Adele Ahlberg Calhoun, *Spiritual Disciplines Handbook: Practices That
Transform Us*, Revised and Expanded Edition. Downers Grove, IL: IVP Books, 2015.

978-1573245937 \$15.56 Phil Cousineau, *The Art of Pilgrimage: The Seeker's Guide to Making
Travel Sacred*. Berkeley, CA: Conari Press, 1998, 2012.

978-0802804570 \$15.11 Marva J. Dawn, *Keeping the Sabbath Wholly: Ceasing, Resting,
Embracing, Feasting*. Grand Rapids, MI: Eerdmans, 1989, 2002.

0061043834 \$8.98 Larry Dossey, *Healing Words: The Power of Prayer and the Practice of
Medicine*. New York: HarperPaperbacks, 1997.

1-56101-056-1 \$11.45 Margaret Guenther. *Holy Listening: The Art of Spiritual Direction*.
Boston: Cowley, 1992.

- 0-8358-0927-7 out-of-print (available used) Kent Ira Groff, *The Soul of Tomorrow's Church: Weaving Spiritual Practices in Ministry Together*. Nashville: Upper Room, 2000.
- 978-0806651460 \$14.99 Sandra Krebs Hirsh and Jane A. G. Kise. *SoulTypes: Matching Your Personality and Spiritual Path*. Minneapolis: Augsburg Fortress, 2006.
- 978-0-8192-2407-1 \$24.95 Dwight H. Judy, *Discerning Life Transitions: Listening Together in Spiritual Direction*. New York: Morehouse, 2010.
- 0-687-01000-4 \$17.92 Dwight H. Judy, *Embracing God: Praying with Teresa of Avila*. Nashville: Abingdon, 1996.
- 978-0826418890 \$20.46 Thomas Keating, *Open Mind, Open Heart 20th Anniversary Edition* 2006. New York: Continuum, 2006.
- 0940136023 used-out of print Chester P. Michael & Marie C. Norrissey, *Prayer and Temperament*. Charlottesville, VA: The Open Door, 1984.
- 9780060750558 \$11.99 Gerald G. May, *The Dark Night of the Soul: A Psychiatrist Explores the Connection between Darkness and Spiritual Growth*. New York: HarperCollins, 2004.
- 978-0553380118 \$12.80 Wayne Muller, *Sabbath: finding rest, renewal, and delight in our busy lives*. New York: Bantam, 1999, 2000.
- 978-0385181792 \$12.95 Basil Pennington, *Centering Prayer: Renewing an Ancient Christian Prayer Form*. New York: Image, 1982, 2001.
- 978-0664228781 \$17.96 Pak, Lee, Kim, Cho, *Singing the Lord's Song in a New Land: Korean American Practices of Faith*. Louisville, KY: Westminster John Knox Press, 2005.
- 978-0687385362 \$7.89 Andrew Sung Park, *The Wounded Heart of God: The Asian Concept of Han and the Christian Doctrine of Sin*. Nashville: Abingdon, 1993.
- 978-0809147236 \$19.95 Janet K. Ruffing, *To Tell the Sacred Tale: Spiritual Direction and Narrative*. Paulist Press, 2011.
- 9780836194258 \$16.99 Daniel P. Schrock, *The Dark Night: A Gift of God*. Scottsdale, PA: Herald Press, 2009.
- 978-0877939450 \$12.13 Carol Ann Smith and Eugene F. Merz, *Moment by Moment: a retreat in everyday life*. Notre Dame, IN: Ave Maria Press, 2000.
- 978-0913408353 \$10.72 Howard Thurman, *Disciplines of the Spirit*. Richmond, IN: Friends United Press, 1963.
- 978-0835808064 \$7.88 Norvene Vest, *Gathered in the Word: Praying the Scripture in Small Groups*. Nashville: Upper Room Books, 1998.

1566991498 \$15.92 Corinne Ware, *Discover Your Spiritual Type: A Guide to Individual and Congregational Growth*. New York: The Alban Institute, 1995.