

DM741 Spirituality, Diversity, and the Global Landscape

Doctor of Ministry, January 2021

January 11 – 15, via Zoom

Monday – Thursday, 9 a.m. – 5 p.m. & Friday, 8:30 a.m. – 12:30 p.m.

Instructor: Hwa-Young Chong, Ph.D. hy.chong@garrett.edu

Course Description

This course examines the multi-cultural, ethnic, and religious dynamics that shape spiritual practice and the context in which spiritual formation takes root and flourishes.

Students will be given the opportunity to:

- Engage in extensive discussion with peers about the topics, issues, and themes raised in the required readings, plus other subjects related to spirituality, diversity, and the global landscape.
- Grapple with the influences, blessings, and challenges to spirituality in Christian ministry posed by globalization.
- Learn the key aspect of diverse spiritual traditions in world religion including Hinduism, Buddhism, Confucianism, Taoism, Judaism, Islam, and Shamanism.
- Compare and contrast three streams of Christianity – Eastern Orthodoxy, Roman Catholicism, and Protestantism.
- Explore what ministry and spiritual formation look like in particular settings in light of race/ethnicity, socio-economic class, geography, politics, the “nones,” and pop culture.
- Explore a variety of contemplative prayer practices and spiritual disciplines for ongoing spiritual development, both on a personal level and a professional level for application in a variety of ministry contexts.
- Understand and explore various personality types by engaging in different theories and models of personality types; and explore ways to apply personality types in ministry.

Learning Goals

As a result of participation in this course, students should be able to:

- Articulate facts about and key tenets of spirituality among the world’s great religions; identify some of the ways those religions have had impact on the student’s culture and ministry context, along with the religions’ influences on other cultures.
- Appreciate and respect the authenticity of different religious traditions such that one may be informed and inspired by the spiritual practice(s) of a particular religious tradition without co-opting and/or adapting a practice (and thus disrespecting that religion) for “popular” purposes.
- Assess ministry contexts, recognize opportunities for spiritual formation at home and

abroad, and introduce and/or implement appropriate spiritual practices.

- Articulate and respond to the needs in a U.S. context of the nones and others who claim to be spiritual but not religious.
- Be prepared to foster spiritual formation in worship, pastoral care, education, outreach, social justice, and other ministries of the church, appropriate to the context.

Methods

Required readings provide the content and structure for engaging authentically the global landscape at personal, vocational, and professional levels. The class will be comprised of lectures, small group activities, and student presentations. Students are expected to share their experiences with diversity, spirituality, and spiritual practices. Research, brainstorming, problem-solving, journaling, other spiritual practices, and writing will deepen students' engagement of the course content.

Required Readings

Required Books

Beverluis, Joel, ed. *Sourcebook of the World's Religions: An Interfaith Guide to Religion and Spirituality*, 3rd edition. Novato, CA: New World Library, 2000. ISBN-10: 1577311213. \$43.99 (eTextbook: \$23.96)

Daniels, David and Virginia Price. *The Essential Enneagram: The Definitive Personality Test and Self-Discovery Guide – Revised and Updated*, Rev Upd edition. New York: HarperSanFrancisco, 2009. ISBN-10: 0061713163. \$7.99

Hirsh, Sandra Krebs and Jane A.G.Kise. *SoulTypes: Matching Your Personality and Spiritual Path*. Minneapolis, MN: Augsburg Press, 2006. ISBN-10: 0806651466. Kindle: \$10.49; Used, various prices

Lanzetta, Beverly. *Emerging Heart: Global Spirituality and the Sacred*. Minneapolis: Fortress Press, 2007. \$16.00

Smith, Huston. *The Illustrated World's Religions: A Guide to Our Wisdom Traditions*, 1st HarperCollins paperback edition. New York: HarperOne, 1995. ISBN-10: 0060674407. \$16.99

Stafford, Gil W. *When Leadership and Spiritual Direction Meet: Stories and Reflections for Congregational Life*. Lanham, Maryland: Rowman & Littlefield Publishers, 2014. ISBN-10: 1566994411 \$27.00

Recommended Books

Bryant-Johnson, Sherry; Rosalie Norman-McNaney and Therese Taylor-Stinson, editors. *Embodied Spirits: Stories of Spiritual Directors of Color*. New York: Morehouse Publishing, 2013. \$18.00

Eck, Diana L. *A New Religious America*. New York: HarperSanFrancisco, 2001. \$16.89

Knitter, Paul. *Without Buddha I could Not be a Christian*. London, UK: Oneworld Publications, 2009. \$16.95

Thich Naht Hanh. *Peace Is Every Step: The Path of Mindfulness in Everyday Life*. New York: Bantam, 1992. \$12.79

Materials for Class

In addition to assigned books, articles, and handouts posted on Moodle, class participants are expected to keep in hand the following for class each day:

Bible

Personal Journal

Optional: colored pencils, markers, crayons, etc. for journaling

Personality Types Learning Instructions

A quarter of class time will be devoted to *Direction Module Two* – understanding the theory and applications of a) personality type and b) the Enneagram, which includes each student learning how to make use of these theories and tools for greater self-awareness and spiritual growth. As the course begins, it is helpful to have some basic awareness of and experience with the Myers-Briggs Type Indicator and the Enneagram.

Please visit www.humanmetrics.com and take the free online personality type assessment. It will take about 15-20 minutes to complete. Once you receive your results, you will have access to a summary description of the four-letter type for which you received the highest scores. Please bring this information to class on the first class. If you already know your MBTI type, see how the results of taking this assessment compare with what you already know about yourself.

Please visit www.enneagramtest.net and take the free test. Receive the results and bring them with you to class on the first class. Again, if you already know your Enneagram type, compare the results from taking this assessment with what you already know about yourself.

Introductions

As we begin to get to know each other and build community, we will be introducing ourselves during our class. Please come to class on the first day of the class prepared to share the following about your social, spiritual, and vocational location: name, current occupation (and how long), any previous occupations, current “hometown,” where you grew up, current denomination, previous religions affiliation (if any), family of origin configuration, family of creation configuration, your best-fit four-letter Myers-Briggs type (or best guess), your Enneagram type (or best guess), why you are working on a Doctor of Ministry degree and the Spiritual Direction track, and anything else you would like the class to know about your social, vocational, and/or spiritual location. You will have about 5 minutes to share this information. Please bring an object that reflects your spiritual journey. (*‘Family of origin’ refers to the family you were born or adopted into and grew up with. ‘Family of creation’ refers to the family you have created since becoming an adult.*)

Assignments and Grades

1. Reading Reflection Paper (10 %)

Write a reading reflection paper (5 pages each, double-spaced, Times New Roman 12-point font) Lanzetta or Stafford. Reflect on the following questions. How have you been challenged by the main insights of this book? What questions do you have about spirituality after reading this book? How might you incorporate the ideas of this book in your ministry? Due on the last day of the class (January 15, 2021).

2. Personality Types Reflection Paper (10 %)

Write a reflection paper on your personality types based on Enneagram and MBTI (5 pages, double-spaced, Times New Roman, 12-point font). Describe your personality types. What do they tell you about yourself and your spirituality? What new insights and challenges do these types offer you? How might you incorporate in your ministry the insights from learning about different personality types and your own types? Due February 19, 2011.

3. Global Spirituality Essay (20 %)

Write an essay on global spirituality (10 pages, double-spaced, Times New Roman, 12-point font). Choose two spiritual traditions outside Christianity and reflect on one spiritual practice (such as prayer, worship, meal ritual, study, service, or any other topics covered during the class) of these two traditions. What are the key characteristics of this practice? How are the similarities and differences in these two traditions? What are the strengths and weaknesses? How might these practices be incorporated in your ministry? Due February 19, 2021.

4. Integrative Essay (30 %)

Write an integrative essay (15 pages, double-spaced, Times New Roman, 12-point font) incorporating the insights from readings, lectures, discussion, and presentation. Please include all required readings and at least three lectures. Find a theme related to this class and engage in a critical reflection on this theme. Reflect on the following questions. What theological questions and challenges does this theme offer to our world today? What practical contributions and benefits does this theme offer? How might this theme enrich the spiritual life of your community, including yourself? Please submit a preliminary theme with a short bibliography to the instructor by the last day of the class (January 15). Essay is due February 19, 2021.

5. Class Presentation (10 %)

Students will sign up to make a presentation on one of the 9 types of Enneagram **or** one of the 8 soul types outlined in Krebs and Kise. Each one will have up to 15 minutes for this presentation. Please refer to the textbooks related to these personality types and present on the key features of the type you have chosen.

6. Class Devotion (10 %)

Students will be assigned to a devotion group. Each group will offer a short devotion of about 5 - 10 minutes. Devotions may include music, reading, silence, prayers, and activities. Please do not include a sermon or a message. The purpose of this devotion is to be reminded of God's presence and to be connected with the holy among us. We will organize the devotion groups on the first day.

7. Participation (10 %)

Active and attentive participation is expected from all students. Please turn on your video at all times. Late arrival and missing sessions will result in deduction in grade. Missing more than two sessions will result in failing the class.

Course Guidelines

As we will be sharing experiences of our own spiritual journeys, it is expected that all class participants will adhere to the following guidelines throughout the course, and afterwards:

Maintain confidentiality.

Maintain an environment where it is safe to raise difficult questions. Respect others and their belief systems. Engage in polite discourse at all times.

Attend each class session in its entirety – and be on time.

Be emotionally, spiritually, and academically present. Set aside cell phones and other non-academic technology.

Complete all assigned readings; come to class prepared to engage in knowledgeable dialogue about the content of the readings and the topic(s) of the day.

Be willing to make the most of our time together, including sharing speaking time.

Take responsibility for your own learning.

Course Outline

Monday, January 11

Morning:

Devotion

Syllabus, Course overview, Expectations

Introductions: Sharing

Lecture: “The Global Landscape of Spirituality”

Readings:

Beverluis – Chapters 20, 24;

Lanzetta – Chapters 1, 2, and 3

Afternoon:

Lecture – “Christianity as World Religion”

Lecture – “Religious Nones”

Myers-Brigs Type Indicator overview

Readings:

Smith – Chapter 8

Beverluis – Chapter 4

Stafford – Introduction

Hirsh & Kise – Chapter 1

Tuesday, January 12

Morning:

Devotion: Group _____

Lecture: "Buddhism & Zen Spirituality"

Personality Type: Extraversion/Introversion & Sensing

Student Presentation: Extraverted Sensing _____

Student Presentation: Introverted Sensing _____

Readings:

Beverluis – Chapter 3

Eck – Chapter 4

Hirsh & Kise – Chapters 3 & 4

Afternoon:

Lecture: "Hinduism & Yoga Spirituality"

Personality Type: Extraversion/Introversion & Intuition

Student Presentation: Extraverted Intuition _____

Student Presentation: Introverted Intuition _____

Readings:

Smith – Chapter 2

Beverluis – Chapter 7

Eck – Chapter 3

Hirsh & Kise – Chapters 4 & 5

Wednesday, January 13

Morning

Devotion: Group _____

Lecture: "Confucianism: Spirituality as Ethical Leadership"

Personality type: Extraversion/Introversion & Thinking

Student Presentation: Extraverted Thinking _____

Student Presentation: Introverted Thinking _____

Readings:

Smith – Chapter 4

Beverluis – Chapter 5

Stafford – Chapter 1 & 2

Hirsh & Kise – Chapter 7 & 8

Afternoon:

Lecture: "Taoism: Tao as Philosophical Spirituality"

Personality type: Extraversion/Introversion & Feeling

Student Presentation: Extraverted Feeling _____

Student Presentation: Introverted Feeling _____

Readings:

Smith – Chapter 3

Beverluis – Chapter 15

Stafford – Chapter 3 & 4

Hirsh & Kise – Chapters 9 & 10

Thursday, January 14

Morning

Devotion: Group _____
Lecture: “Judaism: Spirituality, Time, and Feasts”
The Enneagram: the Body Center, types 8, 9, 1
Student Presentation: Enneagram Type 1 _____
Student Presentation: Enneagram Type 9 _____
Student Presentation: Enneagram Type 8 _____

Readings:

Smith – Chapter 7
Beverluis – Chapter 11
Stafford – Chapter 5
Daniels & Price – pages 48-55, 20-23

Afternoon

Lecture: “Islam and Sufi Spirituality”
The Enneagram: the Heart Center, types 2, 3, 4
Student Presentation: Enneagram Type 2 _____
Student Presentation: Enneagram Type 3 _____
Student Presentation: Enneagram Type 4 _____

Readings:

Smith – Chapter 6
Beverluis – Chapter 9
Daniels & Price – pages 24-35

Friday, January 15

Morning

Devotion: Group _____
Lecture: “Shamanism & Eco Spirituality”
Lecture: “Interfaith Spirituality”
The Enneagram: the Head Center, types 5, 6, 7
Student Presentation: Enneagram Type 5 _____
Student Presentation: Enneagram Type 6 _____
Student Presentation: Enneagram Type 7 _____
Final Discussions

Readings:

Smith – Chapter 9
Beverluis – Chapters 6 & 26
Stafford – Chapter 6
Daniels & Price – pages 36-47