



**PCC 860**  
**Psychopathology & Maladaptive Behavior in Parish/Counseling**

HYBRID: Blended course with in-person and online components for all students;  
at least 50% in person; counts as in-person

Wednesdays, 9:00 a.m. - 12:00 p.m.  
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### Course Description

This course is designed to provide an overview of the domain of psychopathology using the diagnostic criteria as presented in the APA's Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-V). Students will explore the relevant theories, tools of assessment, and treatments in preparation for the National Clinical Mental Health Counseling Exam (NCMHCE). This course will engage contemporary research and critical themes in the field, particularly at the intersections of race, gender, culture, and class.

### Student Learning Outcomes

After successfully completing this course, students will be able to:

1. Identify the signs and symptoms of the most common mental illnesses and maladaptive behaviors,
2. Understand and use the standard classification system of DSM-V-TR for the differential diagnosis of mental illness,
3. Demonstrate a working knowledge of and proficiency in the basic elements of case management (e.g., intake, case conceptualization, and treatment plan),
4. Account for key multicultural differences in the development of clinical planning and,
5. Critique and evaluate trends and practices of treatment and their underlying theoretical suppositions.

### Required Textbooks

- *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition, Text Revision (DSM-5-TR™). American Psychiatric Association, 2022. ISBN 978-0-89042-576-3
- Ramsay, Nancy J. *Pastoral Diagnosis: A Resource for Ministries of Care and Counseling*. Minneapolis: Fortress Press, 1998. ISBN-10: 080062629X; ISBN-13: 978-0800626297, (required pages available on Moodle).

## Recommended Texts

- Seligman, L. and L. Reichenberg. *Selecting Effective Treatments: A Comprehensive, Systematic Guide to Treating Mental Disorders*. 5<sup>th</sup> ed. New Jersey: John Wiley & Sons, Inc, 2016. ISBN-13: 978-1118791356; ISBN-10: 1118791355

## Additional Resources:

- McWilliams, Nancy. *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process*. 2<sup>nd</sup> ed. New York: Guilford Press, 2011. ISBN-10: 1609184947, ISBN-13 : 978-1609184940
- Morrison, James. *DSM-5 Made Easy: The Clinician's Guide to Diagnosis*. New York: The Guilford Press, 2014. ISBN-10 : 9781462514427, ISBN-13 : 978-1462514427
- Pruyser, Paul W. *The Minister as Diagnostician: Personal Problems in Pastoral Perspective*. Philadelphia: The Westminster Press, 1976. ISBN-10: 0664241239, ISBN-13978-0664241230:

## Course Requirements

- Attendance and Participation: This is a core course in the Pastoral Counseling Curriculum; regular attendance and participation is expected. This is a hybrid course delivered in a blended format of in-person and online sessions. The course will include synchronous meetings via Zoom and asynchronous/self-paced study. For the asynchronous/self-paced portion, there is no set time during the week when students must be logged on. Our class interactions will focus on reflection, analysis, and clinical practical implications, using the course texts for PCC-860 Psychopathology & Maladaptive Behavior in Parish/Counseling. The activities and readings are designed to help you understand and integrate the material from the course into your on-going formation as pastoral counselors. Hence, your active participation through your questions and shared insights will help enhance communal learning. Lack of engagement from anyone within the class will impoverish all of us.
- Discussion Interactions: Each student will be required to participate in discussion interactions. Students will review the course material of the week and provide their responses based on the questions I list from the required readings. The purpose of these discussions is to develop critical reflection to think for yourself and to question, critique, or challenge the materials. See **Discussion Interactions Guidelines for details**.
- Pastoral Diagnosis Conceptualization Essays: Each student is expected to integrate the reading materials and engage in a clinical analysis of theory and diagnosis in a pastoral care context. All essays should be typed, using 12-point font, on 8½" x 11" paper, with one-inch margins. It is recommended that you save assignments as an MS Word document and upload to Moodle as an attachment. See **Pastoral Diagnosis Conceptualization Essays Guidelines** for details.
- Video Presentation on Pastoral Psychotherapy: Each student will do an in-depth video presentation on pastoral diagnosis on an assigned clinical disorder. Students are expected

to provide an outline of their presentation and any relevant handouts. These presentations will broaden our understanding of clinical disorders and should include an appraisal of multiple sources of knowledge, including current research-based knowledge and practice clinical diagnosis. See **Video Presentation on Pastoral Psychotherapy Guidelines** for details.

- **Research Paper on Psychopathology and Maladaptive Behaviors in Racial and Ethnic Pastoral Context:** each student will write an 8-10 page paper for master students or a 13-15 page paper for doctoral students. Students will review the research literature on an aspect of psychopathology for a racial and ethnic group in a pastoral care context. Students will be expected to give a 5-minute informal oral presentation on their research paper with a special focus on the disorder in the racial and ethnic group(s) you chose and your role as a pastoral counselor. See **Research Paper on Psychopathology and Maladaptive Behaviors Guidelines** for details.

### Criteria for Evaluation

Your grade will be determined according to the following criteria:

Class Participation	10%	100 points	A 93-100	C+ 77 - 79.99
Discussion Interactions	20%	200 points	A- 90 - 92.99	C 73 - 76.99
Pastoral Diagnosis Conceptualization Essays	20 %	200 points	B+ 87 - 89.99	C- 70 - 72.99
Video Presentation	20 %	200 points	B 83 - 86.99	D+ 67 - 69.99
			B- 80 - 82.99	D 60 - 66.99
Research Paper	30 %	300 points		
Total Points	100%	1000 points	Pass 60-100	Fail 59.99-0.0

### Technology Notes

Minimum Technological Requirements:

- **Internet Connection** - Students must have regular, reliable access to a high-speed internet connection that is sufficient to run streaming video with no difficulty. Usually, cable or DSL would work. Modem dial-up cannot be sufficient. Courses will have regular deadlines that must be accomplished with online activity.
- **Web Browser** - Students must have the latest version of the web browser (Firefox, Internet Explorer, Safari, Chrome, etc.)
- **Operating System** – Students must have access to a reasonably up-to-date computer and operating system (Windows, Mac OS, etc.). Computers must play sound. The Styberg Library has a limited number of laptop computers available for check-out. The Northwestern University Library has a computer center as well.

- Moodle Learning Management System – Students should have access to the Moodle LMS and know how to access course materials as well as submit writing assignments on Moodle.
- File Format – Students must be able to work with files normal to the Microsoft Office environment, especially .doc/.docx. Many students with Apple computers can manage such files with the iWork suite of applications. Students without MS Office or Apple iWork might try the freely available OpenOffice applications: <http://www.openoffice.org>. Also available to students is the Google Drive suite to create documents and presentations (<http://drive.google.com>).

### **Course Information**

- Syllabus Flexibility Clause: This syllabus is NOT a binding contract. The dates of lectures, exams, and assignments may be revised as the term progresses. All modifications to the syllabus will be announced in class or through email.
- Course Relation to the Curriculum: This is a required core course for many states licensing boards, including the Illinois LPC Board.

**Course Policies:** The following policies are of particular importance to the successful completion of one's coursework:

#### Writing

- Academic integrity and plagiarism: (See 20-21 Handbook, 12, 76-82) All professors are required to respond to all suspected incidents of academic dishonesty, especially plagiarism. Repeated incidents of plagiarism or academic dishonesty may result in dismissal from the school.
- Writing and citations: The Turabian Manual for Writers and the Chicago Manual of Style footnote/bibliography format provide the standard formats for all introductory courses. Basic information on these formats is available online here. In advanced courses an instructor may require another style guide appropriate to the discipline (such as APA). (19-20 Handbook, 84)
- Writing Support: The Writing Center at Garrett-Evangelical offers programs to support all students' theological research and writing. See <https://www.garrett.edu/student-life/student-services> "Writing Center" for more detailed information.

### **Course Policies**

- Inclusivity/Diversity  
The basic commitments of the seminary to mutual love and searching for the truth in Christ lead to a principle that in the classroom and in course assignments, persons are always to be respected and ideas are to be freely discussed.... All participants in the teaching-learning process have an obligation to honor and respect varying perspectives on relevant issues.
- Attendance and Tardiness Attendance is required and essential for understanding and processing the material. If you miss more than 2 classes without an emergency or discussing it with the professor beforehand, it is likely that you will fail the course.
- Completing Assignments and Late Assignments

Due dates help you manage your time well. Adhering to the suggested timeline will help achieve your desired grade for the course. Given the current pandemic we all are facing, please let us know as soon as possible if you need extra time to complete assignments for the course.

- **Incomplete Policy**  
All course work must be submitted by the close of the semester. A grade of "I" denotes course work has not been completed due to an unavoidable emergency, which does not include failure to turn in course work or attending to church work or other employment. A request for an incomplete requires not only my approval but also the approval of the Registrar. See the current GETS Catalog for additional information.
- **Course Announcements**  
Course announcements are sent via GETS email accounts. Students are responsible for maintaining and checking these accounts.
- **Confidentiality**  
We will occasionally deal with very personal and sensitive matters. Please remember that any personal information revealed during class time is confidential and should be confined to the class.

### Class schedule

	Date	Topic	Reading Assignments	Due
Week 1 <i>In-Person</i>	9/7	Overview of Psychopathology, and the Role of a Pastoral Counselor  Review of Syllabus and course expectations	Read: Ramsay, Nancy J. <i>Pastoral Diagnosis</i> , Chapters 3 (available on Moodle)	
Week 2 <i>an asynchronous week of self-direction</i>	9/12-17	Overview of DSM Understanding Psychopathology & Maladaptive Behavior  Developing Treatment Plans	DSM-V-TR Basic 5-29  Recommended: Seligman & Reichenberg, Chapter 1	
Week 3 <i>an asynchronous week of self-direction</i>	9/19-24	Anxiety Disorders I	DSM-5-TR, pages 215-242  Recommended: Seligman & Reichenberg, Chapter 6	Discussion Interactions Posts (DIP) I  Pastoral Diagnosis Conceptualization Essays (PDCE) I

Week 4 <i>an asynchronous week of self-direction</i>	9/26-10/1	Anxiety Disorders II	DSM-5-TR, pages 263-294  Recommended: Seligman & Reichenberg, Chapter 7  Discussion Interactions II Pastoral Diagnosis Conceptualization Essays II	DIP II  PDCE II
Week 5 <i>an asynchronous week of self-direction</i>	10/3-8	Mood Disorders I	DSM-5-TR, pages 177-214  Recommended: DSM-5-TR, pages 139-175;  Seligman & Reichenberg, Chapters 4 & 5  Discussion Interactions III Pastoral Diagnosis Conceptualization Essays III	DIP III PDCE III
Week 6 <i>an asynchronous week of self-direction</i>	10/10-15	Mood Disorders II  Dissociative Disorder  Somatic Symptom and Related Disorders	DSM-5-TR, pages 329-348; 349-370  Recommended: Seligman & Reichenberg, Chapters 9 & 10  Discussion Interactions IV	DIP IV
Week 7: Reading Week				
Week 8 <i>an asynchronous week of self-direction</i>	10/24-10/29	Trauma and Stressor Related Disorders  Conduct Disorders	DSM-5-TR, pages 295-328  Recommended: Seligman & Reichenberg, Chapter 8  DSM-5-TR, pages 521-541  Recommended: Seligman & Reichenberg, Chapter 16  Discussion Interactions V Pastoral Diagnosis Conceptualization Essays IV	DIP V PDCE IV
Week 9 <i>In-Person</i>	11/2	Personality Disorders I	DSM-5-TR, pages 733-778  Recommended: Seligman & Reichenberg, Chapter 19	Video Presentations on Pastoral Psychotherapy

Week 10 <i>In-Person</i>	11/9	Personality Disorders II	DSM-5-TR, pages 733-778  Recommended: Seligman & Reichenberg, Chapter 19	Video Presentation on Pastoral Psychotherapy
Week 11 <i>In-Person</i>	11/16	Schizophrenia Spectrum and Other Psychotic Disorders  Neurodevelopmental Disorders  Neurocognitive Disorders	DSM-5-TR, pages 101-138  Recommended: Seligman & Reichenberg, Chapter 3  DSM-5-TR, pages 35-99 Recommended: Seligman & Reichenberg, Chapter 2  DSM-5-TR, pages 667-732 Recommended: Seligman & Reichenberg, Chapter 18	Video Presentation on Pastoral Psychotherapy
Week 12: Thanksgiving Break				
Week 13 <i>In-Person</i>	11/30	Substance-Related and Addictive Disorders  Feeding and Eating Disorders; Sleep-Wake Disorders	DSM-5-TR, pages 543-665 Recommended: Seligman & Reichenberg, Chapter 17  DSM-5-TR, pages 371-397, 407-476 Recommended: Seligman & Reichenberg, Chapters 11 & 13	
Week 14 <i>In-Person</i>	12/7	Elimination Disorders  Sexual Dysfunctions, Gender Dysphoria, and Paraphilic Disorders	DSM-5-TR, pages 399-406 Recommended: Seligman & Reichenberg, Chapter 12  DSM-5-TR, pages 477-509, 511-520  Recommended: Seligman & Reichenberg, Chapters 14 & 15	
Week 15 <i>In-Person</i>	12/14	Research Presentations and Celebration		Research Paper Due by 11:59 pm, December 22, 2022