



PCC 800 Premarital, Marital, and Family Counseling Spring 2023

HYBRID: Blended course with in-person and online components for all students;
at least 50% in person; counts as in-person

Thursdays, 1:00-4:00 Central Time

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Course Description

Intimate partners and families are our most formative and influential relationships because they present us with the joys and challenges at every stage of life. In this course, we will examine pre-marital, marriage, family theories and concepts. You will also learn assessment, intervention, crisis management skills, tools, and techniques for providing effective pre-marital, marriage, and family care and counseling for diverse marriages, families and relationships. We will also explore the influence of race, class, gender identity, sexual orientation, culture, family of origin, religion, spirituality, and theology on human expectations in relationships.

Course Learning Outcomes

After successfully completing this course, students should be able to:		
Know	Do	Be
<ul style="list-style-type: none"> • Understand the history and development of marriage, couple, and family counseling. • Identify the major models of marriage and family theory—from assessment, family of origin theories, and case conceptualization—within the broad systems framework. • Discuss family functioning using multiple perspectives from family process, 	<ul style="list-style-type: none"> • Integrate spirituality and pastoral theology in marriage and family theories, concepts, and tools to inform pastoral care and counseling with couples and families. • Use pre-marital inventories to help couples address the sensitive issues that may arise in preparation for marriage. • Use assessment, evaluation, and case management for working with individuals, couples, 	<ul style="list-style-type: none"> • Increase their awareness of the impact race, class, culture, ethnicity, gender, sexual orientation, aging, and disabilities in working with couples and families. • Increase level of awareness of impact of human sexuality, aging and inter-generational influences, crisis and trauma, addiction, interpersonal violence, socio-economic and career and life changes, gender roles, etc. on marriages,

<p>family development and life-cycle perspectives.</p> <ul style="list-style-type: none"> Consider the dynamics of power and recognize issues of power and privilege relative to own and clients' social locations and how these influence therapy and solving problems 	<p>and families from a systems perspective</p> <ul style="list-style-type: none"> Use relationship education curriculums for skill-building lessons on conflict resolution, communication, family safety, and parenting. Foster family wellness and apply case formulations— from assessment to treatment planning and intervention in marriage, couples and family counseling 	<p>couples, and families.</p> <ul style="list-style-type: none"> Value the influence of one's own family of origin and current family experience on one's personal life and profession life when providing pastoral counseling for marriages and families.
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Required Texts

- McDowell, Teresa, Knudson-Martin, Carmen, Bermudez, J. Maria. *Socioculturally Attuned Family Therapy: Guidelines for Equitable Theory and Practice*. Routledge, 2018. ISBN: 978-1-138-67821-7
- McGoldrick, Monica, Giordano, Joseph, & Garcia-Preto, Nydia. *Ethnicity and family therapy* (3rd ed.). New York: Guilford Press. 2005. 978-1593850203 Hardback: \$99.43.
- McGoldrick, Monica. *Genograms: Assessment and Intervention*. 3rd ed. New York: W.W. Norton & Co., 2008.
- Nichols, Michael P., and Sean D. Davis. *Family Therapy: Concepts and Methods*. Eleventh ed. 2017. 978-0133826609 Rent: 39.53 By New: 113.50 Used starting at: 93.99
- Richadson, Ronald W. *Couples in Conflict: A Family Systems Approach to Marriage Counseling*. Minneapolis: Fortress Press, 2010. 978-0800696283 Kindle: \$16.50 Paperback: 27.35 Used: starting at \$14.67
- Stahmann, Robert F., and William J. Hiebert. *Pre-marital and Re-Marital Counseling: The Professional's Handbook*. San Francisco: Jossey-Bass, 1997. 978-0787908454 Paperback: 44.82 Kindle: 42.58 Used: starting at \$5.69.
- Townsend, Loren L. *Pastoral Care with Stepfamilies: Mapping the Wilderness*. St Louis Mo: Chalice Press, 2000. 978-0827229662 Paperback: \$9.89 Used: starting at \$1.85