

Garrett-Evangelical Theological Seminary

PCC 860 Psychopathology & Maladaptive Behavior in Parish & Counseling

Instructor: Dr. Rolf R. Nolasco, Jr.

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Fall 2020, Wednesdays, 9:00-12:00 noon REMOTE/ONLINE

Office Hours: By Appointment

Course Description

The word *psychopathology* is a derivative of three Greek words, *psyche*, *pathos*, and *logos*—the translation literally means “soul suffering study.” In modern psychology, it is known as abnormal psychology or the study of mind, mood, and behavior indicative of mental illness. In this course, I use the three terms interchangeably: *psychopathology*, *abnormal psychology*, and *soul suffering* as we examine mental illness more holistically by studying the biological-neurological, psychological, sociological, and spiritual symptoms of mental disorders in the US (some consideration will be given to international constructs of mental illness). Together, we will spend the semester exploring the complexities of mental *illness* by gaining an understanding of the DSM-5; of diagnosis, assessment, and treatment approaches; and the implications of what behavior is and isn’t considered pathological. Along the way, we will look at intersections of oppression, using race, ethnicity, class, age, gender, sexuality and examine specific issues related to those intersections (e.g. therapies, treatments, pharmaceuticals, criminal justice, mental health policies, children, youth, and veterans). We will companion and support each other through these emotionally difficult topics while scrutinizing how our church and society responds to mental illness. We will also look for hope in positive examples on the journey.

Course Learning Outcomes

After successfully completing the course, students should be able to:

Know	Do	Be
<ul style="list-style-type: none"> ● Understand the history and purpose of the (DSM-5) for diagnosing psychological disorders and discriminating among several potential diagnoses. ● Describe theories, classification, causes, and treatments for psychological disorders. ● Articulate procedures for assessing risk of aggression or danger to others, self-inflicted harm or suicide. ● Articulate procedures for identifying trauma and abuse and for reporting abuse. ● Articulate a theological analysis of and response to mental illness. 	<ul style="list-style-type: none"> ● Use their clinical knowledge and skills in assessments and making decisions about appropriate diagnosis, treatment planning, and referral where appropriate. ● Listen deeply to care seekers through interviews, observational skills, and other data gathering tools for assessment and diagnosis. ● Use of environmental or structural assessments (race, gender, sexuality, class, etc.) for diagnostic and intervention planning purposes. 	<ul style="list-style-type: none"> ● Place diagnosis and pathology in the context of the human story (including socio-cultural context: race, ethnicity, class, age, gender, and sexuality), and to consider its relative usefulness and limitations in ministry and or clinical work. ● Exhibit competence and confidence in providing an integrated and holistic assessment, diagnosis, and treatment planning for those afflicted by mental illness.

Required Texts* (see note below)

Follow the link below for an online version of *Diagnostic and Statistical Manual of Mental Disorders: DSM-V. 5th ed*, which you can access through the Styberg/Northwestern Library <https://dsm-psychiatryonline-org.turing.library.northwestern.edu/doi/book/10.1176/appi.books.9780890425596>

Comer, Ronald J. *Abnormal Psychology. 10th ed.* New York NY: Worth Publ., 2015.

ISBN: 978-1464171703 Amazon: Hardcover: \$109.00 **Make sure you get the text with the DSM-5updates.**

Cohen, Bruce M.Z., *Psychiatric Hegemony: A Marxist Theory of Mental Illness.* **ISBN: 978-1349689798**
Amazon Kindle: \$82.23 Hardcover: \$84.32

Corrigan, Patrick W., David Roe, and Hector W. H. Tsang. *Challenging the Stigma of Mental Illness: Lessons for Therapists and Advocates.* Chichester; Malden: Wiley-Blackwell, 2011.

ISBN: 978-0470683606 Kindle: \$73.77 Hardcover: \$83.67

Greider, Kathleen J. *Much Madness Is Divinest Sense: Wisdom in Memoirs of Soul*

Suffering. Cleveland: Pilgrim Press, 2007. **ISBN:** 978-0829815702 Amazon: Hardcover \$16.74

McWilliams, Nancy. *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process*. 2nd ed. New York: Guilford Press, 2011. **ISBN-13:** 978-1609184940 Amazon: Hardcover: \$51.66

Supplemental Texts

Morrison, James R. *Dsm-5 Made Easy: The Clinician's Guide to Diagnosis*. New York: The Guilford Press, 2014.

Paris, Joel and James Phillips. *Making the DSM-5: Concepts and Controversies*. New York NY: Springer, 2013.

*Please contact Dr. Rolf Nolasco @ rolf.nolasco@garrett.edu before purchasing these texts.