PCC 860
Psychopathology & Maladaptive Behavior in Parish/Counseling

Online - mix of Synchronous and Asynchronous
Wednesdays, 9:00 a.m. - 12:00 p.m.
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Course Description

This course is designed to provide an overview of the domain of psychopathology using the diagnostic criteria as presented in the APA's Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-V)-TR. Students will explore the relevant theories, tools of assessment, and treatments in preparation for the National Clinical Mental Health Counseling Exam (NCMHCE). This course will engage contemporary research and critical themes in the field, particularly at the intersections of race, gender, culture, and class.

Student Learning Outcomes

After successfully completing this course, students will be able to:

- **Identify and Describe Common Mental Health Issues:**
  Students will demonstrate their ability to accurately recognize and articulate the signs and symptoms of major mental illnesses and maladaptive behaviors.
- **Apply DSM-5-TR Criteria for Diagnosis:**
  Students will effectively use the DSM-5-TR classification system to make accurate differential diagnoses for a variety of mental health cases.
- **Integrate Multicultural Considerations in Clinical Planning:**
  Students will exhibit sensitivity and competence by clearly addressing significant multicultural factors in the development of appropriate clinical treatment plans.
- **Critically Evaluate Treatment Approaches from a Theological Perspective:**
  Students will critically assess contemporary treatment practices, analyzing their theoretical foundations and effectiveness through theological reflection relevant to pastoral counseling contexts.

Required Textbooks

- Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision (DSM-5-TR™). American Psychiatric Association, 2022. ISBN 978-0-89042-576-3
- Capps, Donald. "The Minister and Mental Illness." *Pastoral Psychology*; New York Vol. 63, Iss. 1, (Feb 2014): 13-22. DOI:10.1007/s11089-012-0499-z

- Ramsay, Nancy J. Pastoral Diagnosis: A Resource for Ministries of Care and Counseling. Minneapolis: Fortress Press, 1998. ISBN-10: 080062629X; ISBN-13: 978-0800626297, (required pages available on Moodle).

Recommended Texts

- Seligman, L. and L. Reichenberg. *Selecting Effective Treatments: A Comprehensive, Systematic Guide to Treating Mental Disorders.* 5th ed. New Jersey: John Wiley & Sons, Inc, 2016. ISBN-13: 978-1118791356; ISBN-10: 1118791355

Additional Resources:

- McWilliams, Nancy. *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process.* 2nd ed. New York: Guilford Press, 2011. ISBN-10: 1609184947, ISBN-13 : 978-1609184940
- Morrison, James. *DSM-5 Made Easy: The Clinician's Guide to Diagnosis*. New York: The Guilford Press, 2014. ISBN-10 : 9781462514427, ISBN-13 : 978-1462514427
- Pruyser, Paul W. *The Minister as Diagnostician: Personal Problems in Pastoral Perspective*. Philadelphia: The Westminster Press, 1976. ISBN-10: 0664241239, ISBN-13978-0664241230:

Technology Notes

Minimum Technological Requirements:

- Internet Connection - Students must have regular, reliable access to a high-speed internet connection that is sufficient to run streaming video with no difficulty. Usually, cable or DSL would work. Modem dial-up cannot be sufficient. Courses will have regular deadlines that must be accomplished with online activity.
- Web Browser - Students must have the latest version of the web browser (Firefox, Internet Explorer, Safari, Chrome, etc.)
- Operating System – Students must have access to a reasonably up-to-date computer and operating system (Windows, Mac OS, etc.). Computers must play sound. The Styberg Library has a limited number of laptop computers available for check-out. The Northwestern University Library has a computer center as well.
- Moodle Learning Management System – Students should have access to the Moodle LMS and know how to access course materials as well as submit writing assignments on Moodle.
- File Format – Students must be able to work with files normal to the Microsoft Office environment, especially .doc/.docx. Many students with Apple computers can manage such files with the iWork suite of applications. Students without MS Office or Apple iWOrk might try the freely available OpenOffice applications: http://www.openoffice.org. Also available to students is the Google Drive suite to create documents and presentations (http://drive.google.com).

Course Information

- Syllabus Flexibility Clause: This syllabus is NOT a binding contract. The dates of lectures, exams, and assignments may be revised as the term progresses. All modifications to the syllabus will be announced in class or through email.
- Course Relation to the Curriculum: This is a required core course for many states licensing boards, including the Illinois LPC Board.

Academic Policies
All students are required to abide by the academic policies detailed in the Academic Handbook for the current academic year. The following policies are of particular importance to the successful completion of one's coursework:

Writing

- **Academic integrity and plagiarism:** (See 2425 Handbook, 13, 69-75) All professors are required to respond to all suspected incidents of academic dishonesty, especially plagiarism. Repeated incidents of plagiarism or academic dishonesty may result in dismissal from the school.
- **Writing and citations:** The Turabian Manual for Writers and the Chicago Manual of Style footnote/bibliography format provide the standard formats for all introductory courses. Basic information on these formats is available online here. In advanced courses an instructor may require another style guide appropriate to the discipline (such as APA). (2425 Handbook, 71)
- **Writing Support:** The Writing Center at Garrett-Evangelical offers programs to support all students' theological research and writing. See https://www.garrett.edu/student-life/student-services "Writing Center" for more detailed information.

Attendance and Class Participation

- **Inclusivity/Diversity:** The basic commitments of the seminary to mutual love and searching for the truth in Christ lead to a principle that in the classroom and in course assignments, persons are always to be respected and ideas are to be freely discussed....All participants in the teaching-learning process have an obligation to honor and respect varying perspectives on relevant issues. (See 2425 Handbook, 10-11)
- **Attendance and lateness policies:** Attendance is required. Students who miss more than 20% of the class sessions (e.g., more than 2 classes in the weekly schedule, a proportionate amount for other class formats) should not expect to pass the class. (2425 Handbook, 20-21)
- Some faculty may limit on the usage of electronic devices such as cell phones during class. At the least, all devices should be silenced during the whole of a class session.

Academic Accommodations

- Garrett-Evangelical Theological Seminary is committed to providing the most accessible learning environment as possible for students with disabilities. Should you anticipate or

experience disability-related barriers in the academic setting, please contact the Director of Academic Support and Student Thriving (melanie.baffes@garrett.edu or 847-866-3869) to get started with the established accommodation process. If you are a continuing student who has already established accommodations with Student Access, you should receive a copy of your access letter at the start of the semester when it is emailed to the faculty member of each course you are enrolled in. Please contact your instructors prior to the first class session so the instructor can work with you to implement your disability accommodations. Disability information, including academic accommodations as part of a student's educational record, is confidential under FERPA regulations, so no one other than the access coordinator, Academic Affairs staff, and your professors will see your accommodation letter (2425 Handbook, 13).

- **Extensions:** For Masters students, extensions, if granted, are normally for four weeks following the last day of class in spring and fall semesters or the final due date for coursework for January and summer terms. Extensions may not exceed three months following the end of the term. (2425 Handbook, 21)

AI Policy

This course uses AI in the following ways:

Not Allowed	Allowed with appropriate acknowledgment	Allowed and no acknowledgement needed
Generative AI help with writing (paraphrasing, summarizing, generating language for assignments)	Language translation Language assistance for non-native English speakers Editing, polishing, or revising paper drafts Proofreading Generative AI help with papers (generating topics, ideas, outlines, arguments)	Presentation design Citation generation Research Note-taking Generative AI help with reading (summarizing or outlining reading assignments)
You must consult the professor(s) for uses not mentioned above.		
To properly cite the use of AI in Chicago/Turabian style, access this link: https://www.chicagomanualofstyle.org/qanda/data/faq/topics/Documentation/faq0422.html.		

Faculty members: Please populate the above three boxes ("not allowed," "allowed with appropriate acknowledgment," "allowed and no acknowledgment needed") with the AI Tools below as best fits the requirements of your course.

AI Tools
• Generative AI help with papers (generating topics, ideas, outlines, arguments) • Generative AI help with writing (paraphrasing, summarizing, generating language for assignments) • Generative AI help with reading (summarizing or outlining reading assignments) • Language translation • Language assistance for non-native English speakers • Editing, polishing, or revising paper drafts • Proofreading • Presentation design • Citation generation • Research • Note-taking