

## **Substance Abuse and Addiction**

**Date and Time:** Tuesday 6:30-9:30 PM

**Course Code:** PCC 850 **Semester:** Spring 2020 **Room:** TBD

### **Instructor**

Trina A. Armstrong, PhD., LMFT

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**Office Hours:** By Appointment **Office:** Pfeiffer 324

### **Course Description**

Addiction can take many forms, from addictions to drugs and alcohol to addictions to shopping, gambling, sex, internet use, eating, and other behaviors aimed at easing the suffering from emotions of difficult life events. Addiction impacts physical and mental health, relationships, child development, highway safety, criminal justice, poverty, and many other areas of life. We will examine biological, psychological, sociological, and theological theories of addiction and consider counseling theories and pastoral care approaches for assessment, intervention, and treatment planning with individuals and families in a variety of ministerial settings. Consideration will be given to co-occurring disorders and the role of faith-based recovery programs in fostering supportive environments for healing, growth and transformation.

### **Connection to the overall curriculum**

PCC 850 meets the requirements for the MAPCC clinical track, and it is one of the courses for meeting the educational requirements for those pursuing licensures as a Licensed professional counselor.

### **Student Learning Outcomes**

At the conclusion of the course, students will:

- Explain the neurological, behavioral, psychosocial, physical, and spiritual effects of addiction
- Recognize the social, political, economic, cultural contexts within which addiction exists
- Discuss legal and ethical issues related to addiction counseling
- Demonstrate the ability to assess and diagnosis addiction using the DSM V
- Create treatment plans and Identify pastoral care and counseling strategies for engaging and retaining addictive persons in treatment towards recovery and healing.
- Increase confidence in one's ability to assess treat, and care for substance use disorders and process addictions.

## Required Readings

DiClemente, Carlo C. *Addiction and Change: How Addictions Develop and Addicted People Recover*. 2nd Edition New York: The Guilford Press, 2018. ISBN: 978-1462533237 37.19

May, Gerald G. *Addiction and Grace: Love and Spirituality in the Healing of Addictions*. San Francisco: Harper & Row, 1988. ISBN: 978-0061122439 \$10.77

Szalavitz, Maia. *Unbroken Brain: A Revolutionary New Way of Understanding Addiction*. New York: Picador, 2017. ISBN: 978-1250116444 10.98

Van Wormer, Katherine. *Addiction Treatment: A Strengths Perspective*. Pacific Grove: Brooks Cole, 2016. ISBN-13: 978-1305943308 \$116.00

Waters, Sonia E. *Addiction and Pastoral Care*. Grand Rapids, MI: Eerdmans, 2019. ISBN: 978-0802875686 \$16.00

Treatment Improvement Protocol (TIP): The following publications can be downloaded free of charge, online at SAMSHA <http://www.samhsa.gov/> Look under publications, addictions:

- TIP 34 Brief Interventions and Brief Therapies for Substance Abuse
- TIP 35 Enhancing Motivation for Change in Substance Abuse Treatment
- TIP 42 Substance Abuse Treatment for Persons with Co-Occurring Disorders