

80-707 Spiritual Practice
June 19 – June 30, 2017
1:30 to 5:30
Room 107

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Focuses on the varieties of Christian spiritual practice, experience with that practice, and the process of Christian formation. Direction Module Three: Spiritual Direction, Therapy, and Pastoral Counseling (marked on syllabus with ***SD**).

Spiritual Practice Course Objectives:

- Understand the history of Christian prayer through exploration of the six streams of spirituality in Richard Foster's *Streams of Living Water* and the classic stages of spiritual development in Evelyn Underhill's *Mysticism: The Nature and Development of Spiritual Consciousness* (Part II – The Mystic Way)
- Participate in a variety of historic Christian prayer forms and other spiritual practices
- Be equipped to apply prayer forms with attention to adult life-stages and personality typology
- Discuss healthy corporate life of the congregation and role of spiritual disciplines and corporate discernment
- Bring current prayer research and practices into the congregation through prayer support, prayer chains, and Liturgy of Anointing and Healing Prayer.

*** SD** Spiritual Direction Module Three Objectives:

- Understand symbolic nature of the psyche and its innate story-making capacities.
- Develop skills in guiding people into symbolic, story-making process through imagery, prayer, dreamwork and artwork.
- Develop lenses for working with individuals in spiritual direction:
 - a. Spiritual perspectives and stages of spiritual development
 - b. Discernment with issues of life stages and transitions
 - c. Spiritual crises and concerns of psychopathology
- Explore issues of congregations and other ministry settings through lens of family systems

Grading:

Students are expected to post all assignments on time and to participate in on-line posts and verbal interactions in class. Final paper should reflect comprehensive study of assigned course readings and integrate readings with discussion of selected topic. Grade is determined as: 1/3 topical assignments; 1/3 class participation; 1/3 final paper.

Begin or renew your personal prayer disciplines by May 1, keeping a prayer journal and utilizing mp3 audio resources on Moodle. See notes on prayer journal on Moodle. Brief written assignments, to be posted during class time. All class members will have access to your postings. We will benefit from one another's reflections. Bring a few magazines to donate to our collage art process.

Required readings on Moodle will be available by March 15.

We'll attend Chapel most, but not all, mornings and explore practices being shared there.

1. ***SD** Before class, prepare a 3-4 page (double spaced) spiritual autobiography (no more than four pages, please). Write this as a letter to yourself from God bringing forth major themes and turning points in your life. Include at least one time of desolation (inward or external conflict or psychological difficulty). Use themes on narrative in spiritual direction from Ruffing, *To Tell the Sacred Tale*, particularly chs. 2 & 3; and Evelyn Underhill's *Mysticism* (Part II: The Mystic Way) (optional: Judy, *Discerning Life Transitions*, chs. 2, 5, 8). Close with the present "horizon of meaning" (Ruffing, pp. 49-57) for your life and ministry now, in relationship to Christian tradition, stating guiding Biblical and theological perspectives. **Post on Moodle by first day of class, June 19.**

2. ***SD** Analyze your congregation or ministry setting as a spiritual system.

"All life is marked by the continuing play of balance and imbalance" (Steinke, p. 9).

In 2-3 pages, outline key areas of anxiety within your congregation or ministry setting. In a brief paragraph, describe demographics of ministry setting and community. Using Steinke's themes, identify two or more issues presently emerging that bring imbalance to the system. As a system, are there behaviors that could be described with psychopathological terms? How might describing the level of spiritual maturity assist with your analysis? What resources might the congregation draw upon (spiritual, practical, sociological, strategic) to open up these concerns for discernment of next steps. Use one or more Biblical references to assist in your analysis. Primary resource: Peter L. Steinke, *How Your Church Family Works: Understanding Congregations as Emotional Systems* and Sandra Lommasson, "Tending the Communal Soul in a Congregational Setting," resource posted on Moodle. **Post on Moodle by first day of class, June 19.**

3. Post 2-3 page book report on **one** of the **historical primary sources on prayer practices** on the day that we discuss the book. See instructions for book report on Moodle.

4. ***SD** Prepare a 10-15 minute verbal presentation on one of the following psychological terms. You will choose this theme by **June 1** so you can prepare (instructor will guide choice via e-mail communication):

neurocognitive disorder/Alzheimer's disease

anxiety disorders

autism spectrum disorder

hyperactivity/attention deficit disorder

eating disorders

child maltreatment and neglect

narcissistic personality disorder

post-traumatic stress disorder

Use resources from May, *Care of Mind/Care of Spirit*, ch. 7 (posted on Moodle) and web-based resources from DSM-5:

<http://www.nami.org/Learn-More/Mental-Health-Conditions> (many conditions are described on this page... scroll all the way to the end of the page for additional conditions)

<http://www.nimh.nih.gov/index.shtml>

<http://www.healthyminds.org/>

Address each of these themes in your presentation:

1) describe the condition, noting criteria for diagnosis; 2) state how this might be relevant for persons in spiritual direction or in congregational life; 3) describe signs to observe for referral and possible legal/ethical concerns. Your presentation will be followed by class conversation. **Post your outline/notes on Moodle the day you present.**

5. Sabbath – Staying Spiritually Sustained in Ministry

Write a 2 page paper addressing all of the following themes:

- a. A good friend writes you with a question: “Do you have a theology of self-care?” How would you reply?
- b. If you were to intentionally develop and enrich your theology of self-care, outline the key points.
- c. Using Stewart’s description of patterns of clergy burnout, describe your present challenges (article posted on Moodle).
- d. Drawing on readings on Sabbath, how can you address these challenges?

6. *SD Post dream or dream fragment for discussion

7. Lead one 30-minute experience of a spiritual practice for the class, drawing on Daniel Prechtel, *Where Two or Three Are Gathered*. We’ll organize this the first day of class.

Final Paper -- post through Turnitin on Moodle by August 15, 2017.

Complete one 12-15 page paper to be posted through Moodle site (Turnitin) no later than August 15, 2017. The paper should utilize references, properly noted, and contain bibliography. Use insights from historic reading as one of your sources. In addition, cite at least 5 other sources from our class readings (total of 6 sources).

Suggested themes for the paper:

- Explore one historic spiritual practice. Describe the spiritual practice, its historic use within Christian tradition and present-day applications. OR
- Examine your Congregation or Ministry Setting. Begin with your analysis of the congregation or ministry setting prior to our course. Develop a plan of action/intervention with focus on spiritual formation ministry. Develop a one to three year plan for implementation of ideal ministry of spiritual formation for this setting. OR
- My emerging role as spiritual director/companion. Drawing on the “letter from God” with which you started the course, begin to articulate your calling in the ministry of spiritual guidance. What are the areas of expertise and spiritual practices you now bring to this ministry? What specializations do you believe yourself to be called and equipped to offer? You might develop a “plan” for this ministry as independent consultant/spiritual director or in church staff or pastoral role. OR
- The healing journey toward a Ministry of Spiritual Guidance. Assess your own spiritual/healing journey that brings you to this point. Beginning with your “letter from God” with which we began the course, and drawing on our discussion on psychological themes/terms, observe the gifts as a “wounded healer” that you now bring to this ministry. How does your healing journey relate now to the specific gifts, graces, and styles of ministry of spiritual guidance that are emerging for you? What themes/issues do you feel equipped to handle with people? Are there areas that you believe you should refer? OR
- Developing literature to support your D Min project research. If you are beginning to be clear about your project theme, begin your literature section of your project, drawing on historic spiritual practices and resources.

Daily Schedule

Each class session will provide one or two primary spiritual practices; conversation on psychological issues; and additional course themes. We will draw on historic primary resources; as well as secondary sources; and discuss applications in congregations.

Monday, June 19

Topics: personal introductions using posted spiritual autobiographies and ministry setting analysis; introduction to prayer and *Lectio Divina*; organizing class presentations on psychological terms; and your leadership of one spiritual practice.

Prayer Form: *Lectio Divina*

Primary historic source: Guigo II, The Ladder of Monks in *The Ladder of Monks and Twelve Meditations*.

Required secondary sources: Dwight Judy, *Christian Meditation and Inner Healing*, ch. 5; Michael and Norrisey, *Prayer and Temperament*, chs. 1-3;

Required congregational resources: Marjorie Thompson, *Soul Feast: An Invitation to the Christian Spiritual Life*, chs. 1-3; Patricia Brown, *Paths to Prayer*, pp. 52-62; Daniel Prechtel, *Where Two or Three are Gathered*, intro, chs. 1-2. Highly Recommended: Adele Ahlberg Calhoun, *Spiritual Disciplines Handbook: Practices That Transform Us*

Moodle Post by class time: Your Spiritual Autobiography and Analysis of Congregation or Ministry Setting.

Tuesday, June 20

Topics: classic models of spiritual development, with particular focus on Underhill; and the Mansions of Teresa of Avila's *Interior Castle*; understanding the streams of historic Christian spirituality described by Richard Foster and Corrine Ware.

Primary sources for the conversaton: Evelyn Underhill, *Mysticism* (Part II, The Mystic Way); Richard Foster, *Streams of Living Water*

Optional Congregational resources:

Dwight Judy, *A Quiet Pentecost: Inviting the Spirit into Congregational Life*

Corrine Ware, *Discovering your Spiritual Type* (resource on Moodle)

Prayer Form: Group *Lectio Divina*

Optional Source: Norvene Vest, *Gathered in the Word*

Required congregational resource: Prechtel, *Where Two or Three are Gathered*, intro, ch 3.

Prayer Form: Praying with Teresa of Avila

Primary historic source: Teresa of Avila, *Interior Castle*.

Optional secondary resource, Dwight Judy, *Embracing God: Praying with Teresa of Avila*.

No Moodle post today for the whole class.

Psychology Term presentation #1

Wednesday, June 21

Topics: Spiritual Exercises of St. Ignatius; dreams and imagery in prayer

Prayer form: Using Imagination with Scripture (Ignatian prayer)

Primary historic source: *The Spiritual Exercises of St. Ignatius*, trans. Anthony Mottola (New York: Image Doubleday, 1964, 1989)

Secondary source: Judy, "Rediscovering Christ, the Healer," ch. 2 in *Modern Psychology and Ancient Wisdom*, ed. S. G. Mijares, provided on Moodle. Judy, *Christian Meditation and Inner Healing*, ch. 5; Michael and Norrissey, *Prayer and Temperament*, ch. 4, 5, 7.

Required congregational resources: Brown, *Paths to Prayer*, pp. 261-265; Prechtel, *Where Two or Three are Gathered*, intro, ch. 4.

Optional resources: William J. Barry, *Finding God in All Things: A Companion to the Spiritual Exercises of St. Ignatius*; Carol Ann Smith and Eugene F. Merz, *Moment by Moment: a retreat in everyday life*.

Forum post: *SD Post dream or dream fragment for discussion
Optional resource, Mellick, *The Art of Dreaming*.

Psychology Term presentation #2**Thursday, June 22**

Topics: Sabbath, Fasting, Self-care; Spiritual Emergency/Crisis

Spiritual Practice: Sabbath Keeping & Fasting

Primary historic source: Abraham Joshua Heschel, *The Sabbath: its meaning for modern man*.

Required secondary sources: Dan Schrock, "Wrestling with the Sabbath," provided on Moodle. Carlyle Stewart, III, and Karen D. Scheib, *Why Do Clergy Experience Burnout?* Nashville TN: *Quarterly Review*, United Methodist Publishing House, Spring 2003, 78-81, provided on Moodle. Michael and Norrissey, *Prayer and Temperament*, ch. 6.

Required congregational resource: Thompson, *Soul Feast*, chs. 5, 6; Brown, *Paths to Prayer*, pp. 101-112.

Optional secondary sources: Marva J. Dawn, *Keeping the Sabbath Wholly: ceasing, resting, embracing, feasting*; Wayne Muller, *Sabbath: finding rest, renewal, and delight in our busy lives*.

Moodle Post by Class time: My Theology of Self-Care

Psychology Term presentation #3

Guest presentation on Spiritual Crisis/Emergency (conference phone call with Peggy Lesniewicz, Ph.D.) Resource: Peggy A. Lesniewicz, *Women in Crisis: An Integral Study of Spiritual Emergency in Christian Women*. Provided on Moodle. On-line resources for bipolar/manic episode and schizophrenia. "Voices and Visions" in Evelyn Underhill, *Mysticism*.

Friday, June 23**Prayer Practice: Mini-Retreat: Walking the Labyrinth with collage artwork**

Primary historic source: Lauren Artress, *Walking a Sacred Path: Rediscovering the Labyrinth as a Spiritual Practice*.

Required congregational Resource: Brown, *Paths to Prayer*, pp. 68-73; 209-253

Optional secondary resource: Phil Cousineau, *The Art of Pilgrimage*.

Monday, June 26**Prayer Practice: The Jesus Prayer**

Topics: discuss labyrinth/collage experience; the Jesus Prayer; Breath Prayer; Addictions

Primary historic source: *The Way of a Pilgrim and the Pilgrim Continues his Way*

Required secondary source: Judy, *Christian Meditation and Inner Healing*, ch. 6

Required congregational Resource: Brown, *Paths to Prayer*, pp. 73-84; 113-122

Psychology Term presentation #4**Class Discussion on Addictions and Addictive Behaviors**

Required reading: Gerald May, *Addiction and Grace*

Tuesday, June 27

Topics: Centering Prayer; creative expression and art making as prayer; art making

Prayer Practice: Centering Prayer

Primary historic source on Centering Prayer: *The Cloud of Unknowing and Book of Privy Counseling*, trans. William Johnston

Required secondary source: Judy, *Christian Meditation and Inner Healing*, ch. 7

Optional secondary sources: Basil Pennington, *Centering Prayer*; Thomas Keating, *Open Mind, Open Heart*.

Required congregational resource: Brown, *Paths to Prayer*, pp. 138-143

Guest Presentation: *imago divina* prayer experience (art gazing)

Guest presenter: Diane Hogue

Primary resource: Karla M. Kincannon, *The Art of Conflict Transformation: A Way to Healing and Peace*. Unpublished doctoral project, available on Moodle.

Suggested optional resources: Kincannon, *Creativity and Divine Surprise*; Paintner and Beckman, *Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction*

Psychology Term presentation #5

Wednesday, June 28**Spiritual Practice: *Healing Prayer and Intercessory Prayer Teams***

Topics: healing and prayer; liturgy of anointing and healing; intercessory prayer teams; prayer of lament; depression/dark night of the soul.

Primary resource:

Resources on Moodle: "Introduction to Healing Prayer," *United Methodist Book of Worship*; Jeanne Achterberg, "Evidence for Correlations Between Distant Intentionality and Brain Function in Recipients: A Functional Magnetic Resonance Imaging Analysis"

Required secondary source:

Judy, *Christian Meditation and Inner Healing*, ch. 2, Recovering the Soul

Required congregational resources: Brown, *Paths to Prayer*, pp. 159-208; Prechtel, *Where Two or Three are Gathered*, intro, ch. 6; Thompson, *Soul Feast*, ch. 4.

Optional secondary resources: Barbara A. Holmes, *Joy Unspeakable: Contemplative Practices of the Black Church*; Andrew Sung Park, *The Wounded Heart of God*; Larry Dossey, *Healing Words: The Power of Prayer and the Practice of Medicine*; Pak, Lee, Kim, Cho, *Singing the Lord's Song in a New Land*; Kenneth L Bakken, *The Journey into God: Healing and Christian Faith*.

Discussion on Dark Night of the Soul/Depression

May, *Care of Mind/Care of Spirit*, excerpt from ch. 5 posted on Moodle; diagnostic criteria for bipolar: depression and dysthymia in Moodle resources –

Optional reading: Gerald May, *The Dark Night of the Soul: A Psychiatrist Explores the Connection between Darkness and Spiritual Growth*; Daniel P. Schrock, *The Dark Night: A Gift of God*; John of the Cross, *Dark Night of the Soul*, trans. Maribai Starr.

Thursday, June 29

Topics: Hospitality and Rule of Life; Prayer and Temperament

Spiritual Practice: Developing a Rule of Life – thinking individually and corporately.

Primary historic source: Benedict of Nursia, *The Rule of St. Benedict*, trans. and intro. by Anthony C. Meisel and M. L. del Mastro (New York: Image Doubleday, 1975).

Additional primary sources on Moodle: "Rules of the Methodist Societies," John Wesley, "The Means of Grace."

Optional secondary source: Howard Thurman, *Disciplines of the Spirit*.

Required congregational resource: Thompson, *Soul Feast*, chs. 8, 9, 10; Daniel Prechtel, *Where Two or Three are Gathered*, intro, chs. 7-8.

Psychology Term Presentation #6**Friday, June 30**

Topics: Course Completion

Required Bibliography – Books beyond resources posted on Moodle

Required: ISBN numbers & price listed at beginning of reference

9780787965655 \$21.95 Patricia D. Brown, *Paths to Prayer: Finding Your Own Way to the Presence of God*. San Francisco: Jossey Bass, 2003.

0060628227 \$12.30 Richard J. Foster, *Streams of Living Water, Celebrating the Great Traditions of Christian Faith*. San Francisco: HarperSanFrancisco, 1998, 2001.

978-1-878009-38-8 \$14.95 Dwight H. Judy, *Christian Meditation and Inner Healing*. West Sulfur Springs, W Va: OSL Publications, 2001, 2010 (paperback available on Amazon; Nook e-book available on Barnes and Noble).

Karla M. Kincannon, *The Art of Conflict Transformation: A Way to Healing and Peace*. Unpublished doctoral project, available on Moodle.

Peggy A. Lesniewicz, *Women in Crisis: An Integral Study of Spiritual Emergency in Christian Women*. Unpublished doctoral project, provided on Moodle.

978-0061122439 \$10.95 Gerald May, *Addiction and Grace: Love and Spirituality in the Healing of Addictions*. San Francisco: HarperOne, 1988, 2007.

0940136023 \$15.00 Chester P. Michael & Marie C. Norrisey, *Prayer and Temperament*. Charlottesville, VA: The Open Door, 1984.

9780819227720 \$18.38 Daniel Prechtel, *Where Two or Three are Gathered: Spiritual Direction for Small Groups*. New York: Morehouse, 2012.

978-0809147236 \$16.90 Janet K. Ruffing, *To Tell the Sacred Tale: Spiritual Direction and Narrative*. Paulist Press, 2011.

978-1566993296 \$18.41 Peter L. Steinke, *How Your Church Family Works: Understanding Congregations as Emotional Systems*. Alban Institute: 1993, 2006.

978-0664239244 \$17.00 Marjorie J. Thompson, *Soul Feast, An Invitation to the Christian Spiritual Life*. Louisville, KY: Westminster John Knox Press, 1995, 2005, 2014.

978-0486422381 \$12.38 Evelyn Underhill, *Mysticism: The Nature and Development of Spiritual Consciousness*, Part II, "The Mystic Way." Dover Publications, 2002.

Historical Primary Sources on Prayer (make book report on 1 of these).

- 978-0879077488 \$18.95 Guigo II, The Ladder of Monks in *The Ladder of Monks and Twelve Meditations*, trans. with intro. by Edmund Colledge and James Walsh. Cistercian Publications, 1981.
- 978-0809122271 (available used) Teresa of Avila, *The Interior Castle*, trans. Kavanaugh and Rodriguez. New York: Paulist Press, 1980.
- 978-0385024365 \$9.14 *The Spiritual Exercises of St. Ignatius*, trans. Anthony Mottola. New York: Image Doubleday, 1964, 1989.
- 978-0374529758 \$8.63 Abraham Joshua Heschel, *The Sabbath: its meaning for modern man*. New York: Farrer, Strauss and Giroux, 1951, 2005.
- 978-0385030977 \$9.41 *The Cloud of Unknowing and Book of Privy Counseling*, trans. William Johnston. New York: Image reissue, 1996.
- 978-0060630171 \$10.33 *The Way of a Pilgrim and the Pilgrim Continues his Way*, trans. R. M. French. New York: HarperOne, 2010.
- 978-0385009485 \$9.99 Benedict of Nursia, *The Rule of St. Benedict*, trans. and intro. by Anthony C. Meisel and M. L. del Mastro. New York: Image Doubleday, 1975.
- 978-1594481819 \$10.53 Lauren Artress, *Walking a Sacred Path: Rediscovering the Labyrinth as a Spiritual Practice*. New York: Riverhead, 1995, 2006.

Suggested Optional Resources:

- 0806640480 \$32.00 Kenneth L Bakken, *The Journey into God: Healing and Christian Faith*. Minneapolis: Augsburg, 2000.
- 978-0877934608 \$13.95 William J. Barry, *Finding God in All Things: A Companion to the Spiritual Exercises of St. Ignatius*. Notre Dame, IN: Ave Maria, 1991, 2009.
- 978-0830846054 \$14.66 Adele Ahlberg Calhoun, *Spiritual Disciplines Handbook: Practices That Transform Us*, Revised and Expanded Edition. Downers Grove, IL: IVP Books, 2015.
- 978-1573245937 \$14.05 Phil Cousineau, *The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred*. Berkeley, CA: Conari Press, 1998, 2012.
- 978-0802804570 \$14.82 Marva J. Dawn, *Keeping the Sabbath Wholly: Ceasing, Resting, Embracing, Feasting*. Grand Rapids, MI: Eerdmans, 1989, 2002.
- 0061043834 \$13.48 Larry Dossey, *Healing Words: The Power of Prayer and the Practice of Medicine*. New York: HarperPaperbacks, 1997.
- 1-56101-056-1 \$14.95 Margaret Guenther. *Holy Listening: The Art of Spiritual Direction*. Boston: Cowley, 1992.

- 0-8358-0927-7 out-of-print (available used) Kent Ira Groff, *The Soul of Tomorrow's Church: Weaving Spiritual Practices in Ministry Together*. Nashville: Upper Room, 2000.
- 9780800636432 \$24.00 Barbara A. Holmes, *Joy Unspeakable: Contemplative Practices of the Black Church*. Minneapolis: Fortress Press, 2004.
- 978-0806651460 \$14.99 Sandra Krebs Hirsh and Jane A. G. Kise, *SoulTypes: Matching Your Personality and Spiritual Path*. Minneapolis: Augsburg Fortress, 2006.
- 9781573222051 (paperback available used; Kindle edition available) John of the Cross, *Dark Night of the Soul*, trans. Maribai Starr. New York: Riverhead, 2003.
- 978-0835811996 \$16.00 Dwight H. Judy, *A Quiet Pentecost: Inviting the Spirit into Congregational Life*. Nashville: Upper Room Books, February, 2013.
- 978-0-8192-2407-1 \$24.00 Dwight H. Judy, *Discerning Life Transitions: Listening Together in Spiritual Direction*. New York: Morehouse, 2010.
- 0-687-01000-4 \$21.99 Dwight H. Judy, *Embracing God: Praying with Teresa of Avila*. Nashville: Abingdon, 1996.
- 978-0826418890 \$20.43 Thomas Keating, *Open Mind, Open Heart 20th Anniversary Edition* 2006. New York: Continuum, 2006.
- 978-0835898126 \$11.03 Karla M. Kincannon, *Creativity and Divine Surprise: Finding the Place of your Resurrection*. Nashville: Upper Room Books, 2005.
- 9780060750558 \$12.33 Gerald G. May, *The Dark Night of the Soul: A Psychiatrist Explores the Connection between Darkness and Spiritual Growth*. New York: HarperCollins, 2004.
- 978-0553380118 \$10.26 Wayne Muller, *Sabbath: finding rest, renewal, and delight in our busy lives*. New York: Bantam, 1999, 2000.
- 978-0819223715 \$18.23 Christine Valters Paintner and Betsey Beckman, *Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction*. New York: Morehouse, 2010.
- 978-0385181792 \$10.42 Basil Pennington, *Centering Prayer: Renewing an Ancient Christian Prayer Form*. New York: Image, 1982, 2001.
- 978-0664228781 \$22.00 Pak, Lee, Kim, Cho, *Singing the Lord's Song in a New Land: Korean American Practices of Faith*. Louisville, KY: Westminster John Knox Press, 2005.
- 978-0687385362 \$25.99 Andrew Sung Park, *The Wounded Heart of God: The Asian Concept of Han and the Christian Doctrine of Sin*. Nashville: Abingdon, 1993.
- 9780836194258 \$16.99 Daniel P. Schrock, *The Dark Night: A Gift of God*. Scottsdale, PA: Herald Press, 2009.
- 978-0877939450 \$15.95 Carol Ann Smith and Eugene F. Merz, *Moment by Moment: a retreat in everyday life*. Notre Dame, IN: Ave Maria Press, 2000.

978-0913408353 \$13.00 Howard Thurman, *Disciplines of the Spirit*. Richmond, IN: Friends United Press, 1963.

978-0835808064 \$9.00 Norvene Vest, *Gathered in the Word: Praying the Scripture in Small Groups*. Nashville: Upper Room Books, 1998.

0-8192-1814-6 \$22.10 Norvene Vest (ed.), *Still Listening: New Horizons in Spiritual Direction*. Harrisonburg, PA: Morehouse Publishing, 2000.

1566991498 \$18.99 Corinne Ware, *Discover Your Spiritual Type: A Guide to Individual and Congregational Growth*. New York: The Alban Institute, 1995.